

Immunization Reminder

Below is a table that outlines some of the important immunizations that are required for travel to these areas with endemic disease. The table is meant to be a guideline, but is not intended to be definitive or comprehensive. Please contact your own primary care physician or travel clinic to determine your current immunization status and your need to be updated in your immunizations.

All healthcare workers should already be up to date with **Influenza, Hepatitis B, MMR (measles, mumps and rubella) and Varicella**. These are required. Check with your physician if any questions. Hepatitis B and measles are significant and dangerous problems in developing countries. **See CDC reference below for routine vaccinations. Additional specific travel vaccines are indicated in the table below.**

It is helpful to make a note in your calendars when your next boosters are due.

VACCINATIONS			
Vaccine	Notes	Immunization Schedule	Booster Schedule
Polio	Previously completed childhood primary course of polio vaccine (three or more doses of either OPV or IPV).		X1 as an adult (injection)
Typhoid	If possible, better to get oral because booster only every 5 years.	Oral (x 4 doses) or IM Injection	Every 5 years or Every 2 years
Hepatitis A		2 primary doses (IM Injection) at 0 and 6-12 months apart	No booster
Meningococcal		Conjugate (MCV4): <55 yo ----- Polysaccharide (MPSV4): >55 yo	Every 5 years
Yellow Fever *	Certain countries require evidence of vaccination from all entering travelers, which includes direct travel from the United States + YF vaccines must be administered at an approved YF vaccination center.		Every 10 years (valid 10 days after administration)
Hepatitis B		3 doses at 0, 1, and 6 months	None
Influenza		Every Fall	Every year
MMR (Measles,		Should have documented 2 doses or laboratory	None

Mumps, Rubella)		evidence of immunity or born before 1957	
Td/Tdap	One dose of Tdap for adults should replace the next booster dose of Td.		Every 10 years
Varicella		Reliable h/o chickenpox or Two doses 4-8 weeks apart or laboratory evidence for those who have uncertain h/o chicken pox	None
PPD (TB skin test)		Every year	Three months after deployment if known TB risks

***Yellow Fever: Get advice of travel clinic for your personal recommendation re advantages and risks.**

+ Require Yellow Fever vaccination for entry: Angola, Benin, Bolivia (or signed affidavit at point of entry) ,Burkina Faso, Burundi, Central African Republic, Republic of the Congo, Côte d'Ivoire, French Guiana, Gabon, Ghana, Liberia, Mali, Niger, Rwanda, São Tomé and Príncipe, Sierra Leone, Togo.

Recommended Routine Adult Immunization Schedule - United States 2010):

www.cdc.gov/mmwr/PDF/wk/mm5901-Immunization.pdf :